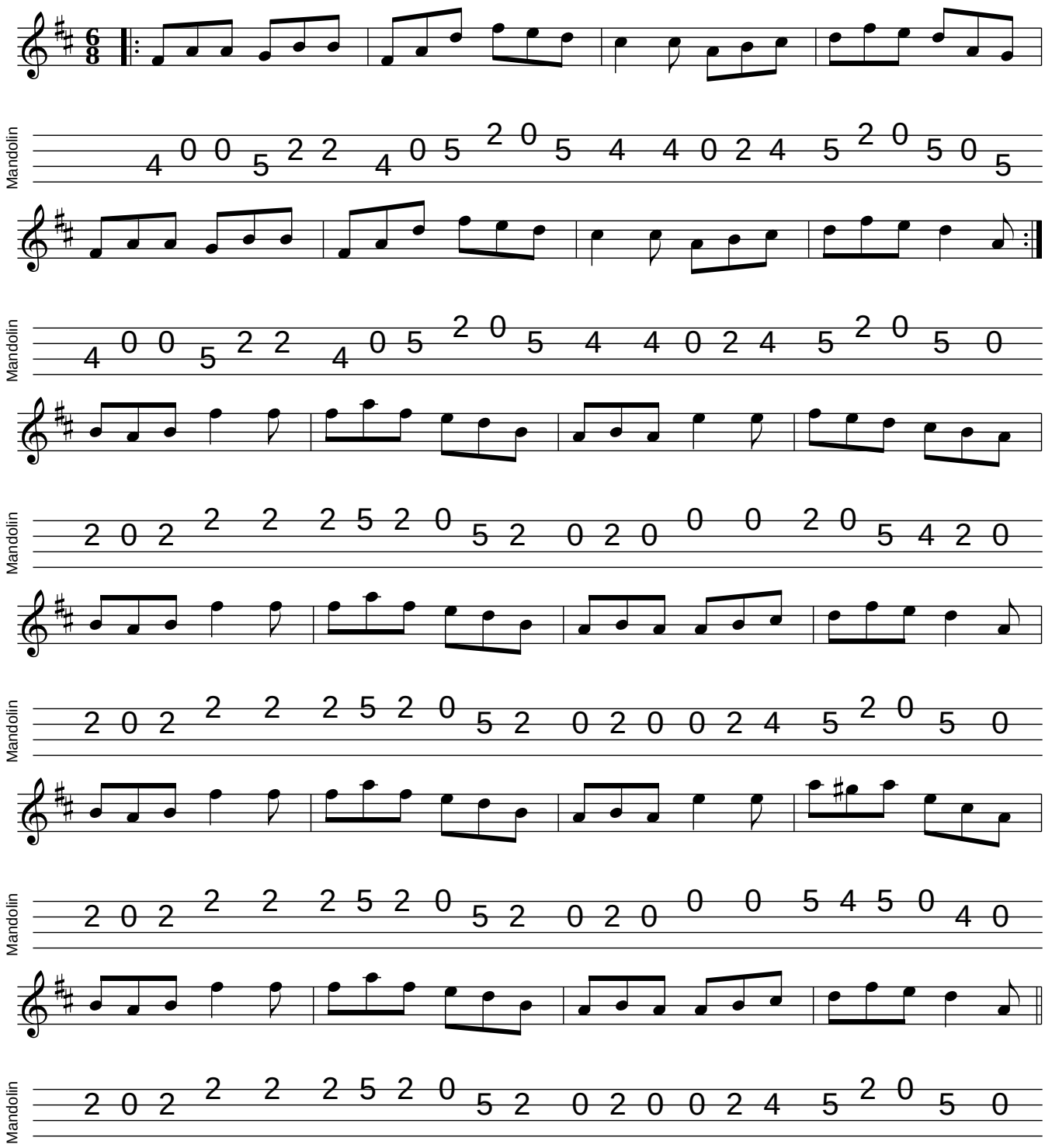Tripping Up The Stairs