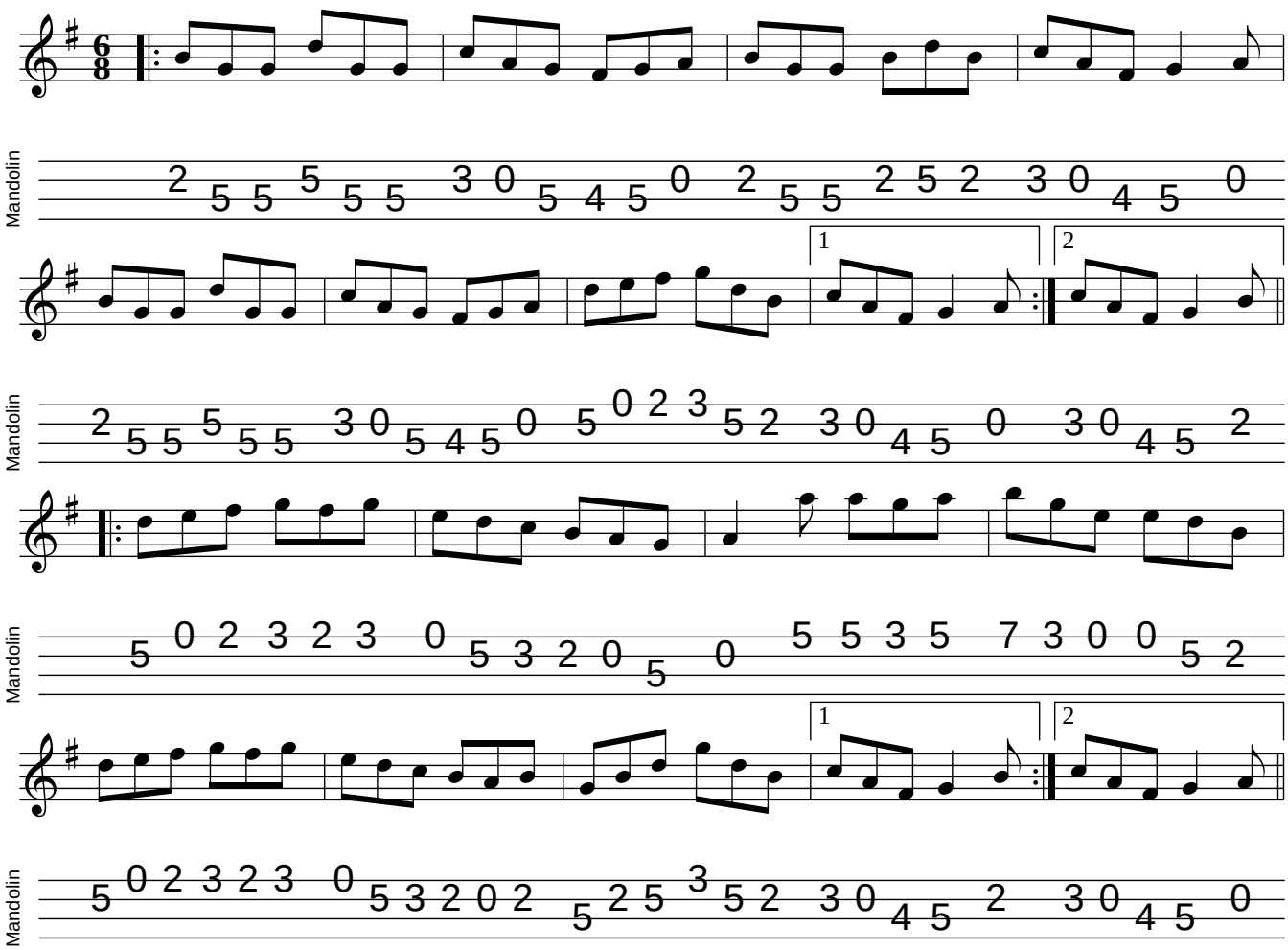The Humours Of Ballingarry